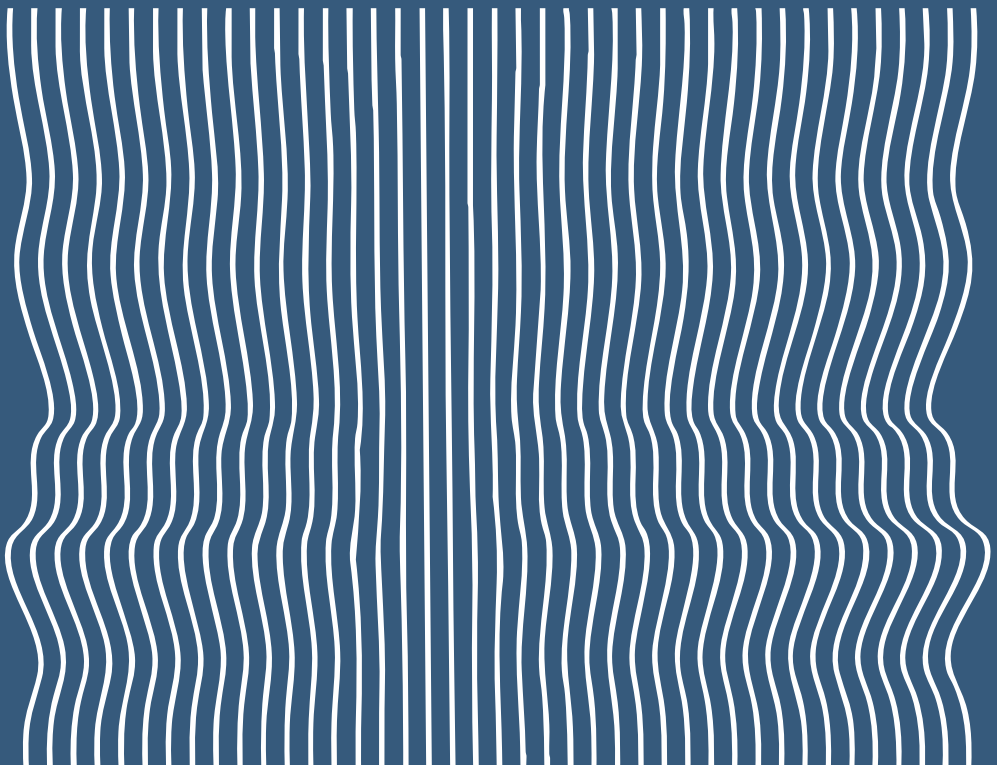
Qimora

Qimora Sleep Core

Quick Start Guide

Single zone

English · Deutsch · Français · Italiano · Nederlands · Español · Svenska



Before you start

Watch the set-up video

It shows every step, start to finish. Scan the code, or go to qimora.com/manuals. The full User Manual is there too.

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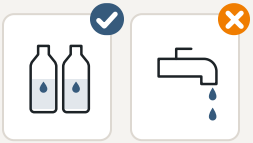
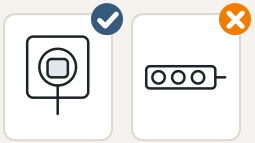
You need



3 litres of distilled water. You will use 1.5 to 2 litres, but a little extra is good to have. Never tap water.

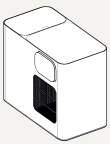


A free wall socket near the bed. No power strip or extension lead.



60 minutes for the last step. Set up during the day.

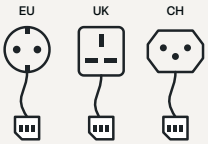
In the box



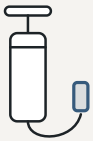
☐ Unit



☐ Pad, in its bag



☐ 3 power cables. Use the one for your country.



☐ Air pump with drain attachment. For draining only.



☐ Hose release tool



☐ This guide and the Safety and guarantee booklet

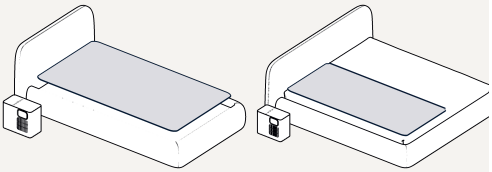
Set up

1

Put the Pad on the mattress, cooling side up.

The cooling side has stitched parallel lines. The connection block goes at the head end: in the corner on the Unit's side (Single) or in the middle (Large Single).

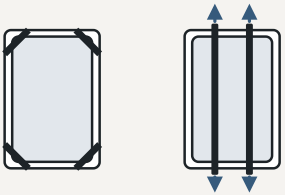
> You can also turn the Pad round (180°), or flip it to use the softer side, which cools a little less.



2

Fix the Pad to the mattress.

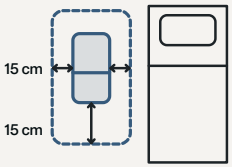
Single: corner elastics under the mattress. Large Single: the 2 elastic straps under the mattress. Then add your fitted sheet.



3

Put the Unit on the floor, next to the connection block.

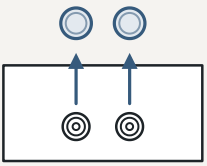
Keep 15 cm free on all sides. Not on or under the bed.



4

Remove the 2 transport caps.

They are on the back of the Unit. Pull them off and keep them for storage.



> ! You may see a little water at the connectors. This is normal. Every Unit is tested with water before it leaves the factory.

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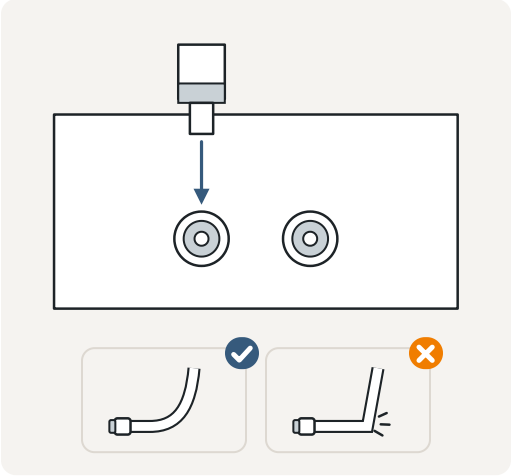
5

Connect the 2 hoses to the 2 connectors.

Either hose fits either connector. Push each hose in firmly until it stops, then pull gently to check it holds. Let the hose curve gently, with no kinks.

To take a hose off, always use the hose release tool.

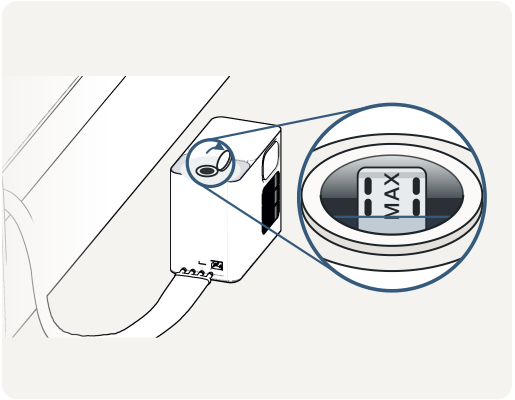


6

Open the filler cap. Pour distilled water up to MAX.

Pour slowly. MAX is marked in the white mesh inside the filler. Leave the cap open.

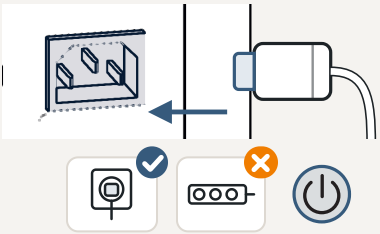
Distilled water only. Never tap water.



7

Plug the cable into the Unit, then into a wall socket.

Tap Power once. Do not hold it.



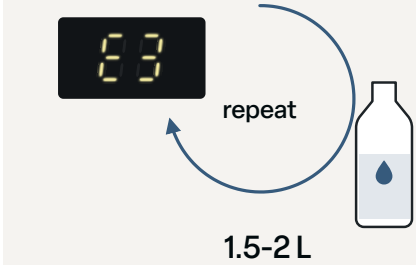
8

Prime the Sleep Core: add water each time E3 shows, until E3 stays off.

THIS IS NORMAL

E3 and a beep are normal while it primes: the Pad is filling. You can top up while it runs. E1 can show too: ignore it unless it stays after step 9 (see page 10).

Add water up to MAX and E3 goes off. It comes back a few times (1.5 to 2 litres in total). Then close the cap.



9

Run Turbo Heat for 60 minutes to finish priming.

Tap Function until Turbo and the sun light up. It moves the last air out. Then set your temperature.



Ready when the display shows the water temperature and no code. Tap any button to wake the display.

The first nights

A light bubbling sound is normal in the first days, while the last air leaves the system. It stops on its own. Top up when E3 shows.

Cooling gets stronger. Over the first 20 to 25 nights, the tubes in the Pad work their way up through the soft filling as you sleep on it. The closer they get, the better the Pad cools.

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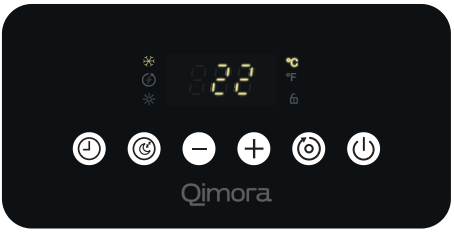
Control panel

Touch buttons, so tap lightly. The display goes dark 10 seconds after the last tap; tap any button once to wake it.



Cooling Turbo Heating Child lock

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Tap

	Power Switch on or off. Tap once, do not hold.
	Function Goes through the 6 modes: see the next page.
	Sleep Maps Switches between the cool and the warm Sleep Map.
	Minus and plus Set the water temperature, or the level of a Sleep Map.
	Timer Tap to switch off after 1 to 12 hours. Without the timer, the Unit switches off 12 hours after the last tap.

Hold

	Child lock Hold Function and plus for 3 seconds. Do the same to unlock.
	°C or °F Hold Function for 5 seconds.

Your first night

Switch on about 30 minutes before bed, or 45 minutes for cooling on warm days. Keep the duvet on the Pad to trap the cold or the heat.

Modes and Qimora Sleep Maps®

Tap Function to go through the 6 modes, in this order: Standard Cool, Sleep Map Cool, Turbo Cool, Standard Heat, Sleep Map Heat, Turbo Heat. The moon button goes straight to the Sleep Maps. The snowflake means cooling, the sun means heating.

Standard	**Standard Cool** **Standard Heat**	Holds the water temperature you set, all night: cooling 12 to 35 °C, heating 20 to 55 °C.
Turbo	**Turbo Cool** **Turbo Heat**	Full power for 60 minutes to cool or warm the bed fast, then back to your previous setting.
Qimora Sleep Maps®	**Sleep Map Cool** **Sleep Map Heat**	A set curve through the night: cooler for the first hours, then slowly warmer towards morning. Early in the night, deep sleep is most common; later, more of sleep is REM.

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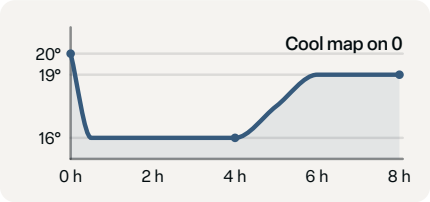
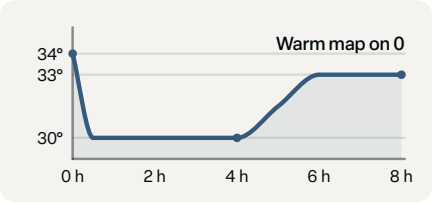
How a Sleep Map works





Level	-4	-3	-2	-1	0	+1	+2	+3	+4
Cool map starts at	16 °C	17 °C	18 °C	19 °C	**20 °C**	21 °C	22 °C	23 °C	24 °C
Warm map starts at	30 °C	31 °C	32 °C	33 °C	**34 °C**	35 °C	36 °C	37 °C	38 °C

- Every map follows the same curve. It drops 4 °C in the first 30 minutes and stays there until hour 4. Then it rises 1 °C at hours 4, 5 and 6, to 1 °C below where it started, and stays there until the Unit switches off after 12 hours.
- Changing the mode during the night starts the map again from the beginning.
- The Sleep Core may vary the temperature by up to 2 °C from the Map in response to room or bed temperature changes.

If something is not right

An error code shows on the display. Most codes clear with these checks.



The water is not flowing well, or the pump is not pushing it well.

1. Top up the water to MAX.
2. Make sure the Unit is on the floor, with at least 15 cm free all round.
3. Avoid kinks or tight bends in the hoses.
4. Run Turbo Heat for 60 minutes. It softens the hoses and clears air from the system.
5. Still there? Unplug for 60 minutes, then switch on again. This fully resets the Unit.



Temperature sensor malfunction.

Unplug for 60 minutes, then switch on again. This fully resets the Unit.

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Low water level. Normal during priming and after draining.

1. Top up slowly with distilled water, up to the MAX mark in the white mesh.
2. Run Turbo Heat for 60 minutes to clear any air from the system.



Fan malfunction.

Unplug for 60 minutes, then switch on again. This fully resets the Unit.

Not cold enough? The Sleep Core cools the bed, not the room.

1. On warm nights, switch on in Turbo Cool 45 minutes before bed.
2. Cover the whole Pad with your duvet to keep the cool in the bed. This makes the biggest difference.
3. Leave plenty of space around the Unit. It takes heat from the bed and blows it out, so it needs free airflow.
4. If it is cooler outside than in the room, open a window to let the warm air out.
5. Check the hoses for kinks, so the water flows freely.

Care

- Top up with distilled water when E3 shows.
- Change all the water every 6 months (about 5 minutes). See how at qimora.com/manuals.
- To drain, always use the hose release tool.
- Pad: spot clean with a damp cloth and mild detergent. Never machine wash, tumble dry or iron it.

Still not right?

Email support@qimora.com with your order number and a short video of the problem. We will help you.

Qimora

Questions? We are here to help.

support@qimora.com · qimora.com

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